



# WE SPECIALIZE IN MEDICAL CERTAINTY

Through your employer, you have an exclusive membership to 2nd.MD, a virtual expert medical consultation and navigation service. We connect you with a board-certified, elite specialist for a virtual expert medical consultation via phone or video from the comfort of home.

**2nd.MD specializes in medical certainty by providing access to elite specialists for questions about:**

- Diseases, cancer, or chronic conditions
- Surgeries or procedures
- Medications and treatment plans

## WHO IS ELIGIBLE?

2nd.MD is confidential, fast and no additional cost to you and covered dependents on the UnitedHealthcare medical plan.

## GET STARTED TODAY

**Call at 1.866.269.3534**

**Visit [www.2nd.MD/activate](http://www.2nd.MD/activate)**

**or download our 2nd.MD app**



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*CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.*

*The information provided through 2nd.MD does not constitute medical advice and does not diagnose, treat or prescribe treatment of medical conditions. All information provided in connection with 2nd.MD is for informational purposes only, and does not create a physician-patient treatment relationship. Information provided through 2nd.MD does not substitute medical diagnosis or treatment from your treating physician, and you should discuss the information provided with your treating physician before making any decisions. The 2nd.MD service may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.*

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## HOW IT WORKS: *3 Simple Steps*

### 1. **ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT**

Visit [www.2nd.MD/activate](http://www.2nd.MD/activate), download our app or call us at 1.866.269.3534

### 2. **SPEAK WITH A NURSE**

Explain your medical issues and an experienced nurse will handle the rest, including collecting medical records and connecting you with a leading specialist who is an expert in your condition.

### 3. **CONSULT WITH A LEADING SPECIALIST**

Get information about your diagnosis, treatment plan and next steps in care from a nationally recognized specialist. Consult via video or phone at a time that works best for you, including evenings and weekends!

## AFTER YOUR CONSULTATION

You'll receive a written summary of your consultation so you're prepared for a conversation with your treating doctor or we can refer you to another in-network doctor in your area.

See how one member avoided an unnecessary surgery and learned how to manage her rare condition.

